



Pentecost 9
August 2, 2020

Welcome

Minister We do not live by bread alone, but by every word that comes from the mouth of God. (*Matthew 4.4*)

Prayer God of truth and justice, watch over your people in adversity, that we may know the wonders of your love and see the glory of your presence; through Jesus Christ our Saviour. **Amen.**

Confession and Absolution

Minister Let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Minister Most merciful God,

All We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Minister Almighty God have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in eternal life; through Jesus Christ our Lord. **Amen.**

Let us pray.

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.

Psalm 17.1-7, 16

¹ Hear my plea of innocence, O Lord; give heed to my cry;
listen to my prayer, which does not come from lying lips.

**² Let my vindication come forth from your presence;
let your eyes be fixed on justice.**

³ Weigh my heart, summon me by night,
melt me down; you will find no impurity in me.

**⁴ I give no offence with my mouth as others do;
I have heeded the words of your lips.**

⁵ My footsteps hold fast to the ways of your law;
in your paths my feet shall not stumble.

**⁶ I call upon you, O God, for you will answer me;
incline your ear to me and hear my words.**

⁷ Show me your marvellous loving-kindness,
O Saviour of those who take refuge at your right hand
from those who rise up against them.

**¹⁶ But at my vindication I shall see your face;
when I awake, I shall be satisfied, beholding your likeness.**

**Glory be to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now and ever shall be, world without end. Amen.**

Gospel Hymn - Ancient Words

The Reading: Matthew 14.13-21

Reader A reading from the Gospel of Matthew.

¹³ Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' ¹⁶Jesus said to them, 'They need not go away; you give them something to eat.' ¹⁷They replied, 'We have nothing here but five loaves and two fish.' ¹⁸And he said, 'Bring them here to me.' ¹⁹Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰And all ate and were filled; and they took up what was left over of the

broken pieces, twelve baskets full. ²¹And those who ate were about five thousand men, besides women and children.

Reader The Word of the Lord.

All Thanks be to God.

Sermon

Mark Regis

Apostles' Creed

**All I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord, who was
conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and
was buried; he descended to the dead. On the third day
he rose again; he ascended into heaven, he is seated at
the right hand of the Father, and he will come to judge
the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body, and the life everlasting. Amen.**

The Offertory - *Please take a moment to prayerfully present your financial offering to God.*

Prayer over the Gifts

**God our sustainer, accept all we offer you this day, and feed us continually with that bread
which satisfies all hunger, your Son our Saviour Jesus Christ. Amen.**

The Prayers

Minister The Lord be with you.

All And also with you.

Minister Let us pray.

Lord, have mercy upon us.

All Christ, have mercy upon us.

Minister Lord, have mercy upon us.

**All Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on
earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we
forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For
thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

Minister O Lord, show your mercy upon us;

People **And grant us your salvation.**

Minister O Lord, guide those who govern us;

People **And lead us in the way of justice and truth.**

Minister Clothe your ministers with righteousness;

People **And let your people sing with joy.**

Minister O Lord, save your people;

People **And bless your inheritance.**

Minister Give peace in our time, O Lord;

People **And defend us by your mighty power.**

Minister Let not the needy, O Lord, be forgotten;

People **Nor the hope of the poor be taken away.**

Minister Create in us clean hearts, O God;

People **And take not your Holy Spirit from us.**

Leader O Lord our God, in your mercy and kindness, no thought of ours is left unnoticed, no desire or concern ignored. You have proven that blessings abound when we fall on our knees in prayer, and so we turn to you in our hour of need. Surrounded by violence and cries for justice, we hear your voice telling us what is required, "Only to do justice and to love goodness, and to walk humbly with your God". Fill us with your mercy so that we, in turn, may be merciful to others. **Amen**

Heavenly Father, Strip away pride, suspicion, and racism so that we may seek peace and justice in our communities. Strengthen our hearts so that they beat only to the rhythm of your holy will. Flood our path with your light as we walk humbly toward a future filled with encounter and unity. Be with us, O Lord, in our efforts, for only by the prompting of your grace can we progress toward virtue. We ask this through Jesus Christ our Lord. **Amen.**

O God our King, by the resurrection of your Son Jesus Christ on the first day of the week, you conquered sin, put death to flight, and gave us the hope of everlasting life: Redeem all our days by this victory; forgive our sins, banish our fears, make us bold to praise you and to do your will; and steel us to wait for the consummation of your kingdom on the last great Day; through Jesus Christ our Lord. **Amen.**

Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

The Blessing

The peace of God which passes all understanding keep our hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among us and remain with us always. **Amen.**

In our prayers this week:

The Anglican Communion:

The new Province of Alexandria created from the former Diocese of Egypt with North Africa and the Horn of Africa in the Episcopal Church of Jerusalem and the Middle East.

The Anglican-Lutheran Cycle of Prayer

ACC Bishops Lydia Mamakwa, Larry Beardy, and Morris Fidler; the clergy and people of the Spiritual Ministry of Mishamikoweesh

ELCIC The dean, council, and congregations of the Southern Area of the Synod of Alberta and the Territories

Diocese of Toronto

The Anglican Communion and the Archbishop of Canterbury

The Social Justice and Advocacy Committee:

The clergy and people of St Mary Magdalene; St Mary, Richmond Hill; St Matthew the Apostle, Oriole and their outreach activities

The Church of St Mary and St Martha

In our parish cycle of prayer: Terence Phillips and family; Wilma Phillips and John Smart; Cleveland and Vasaina Porter

Celebrating Birthdays: Gloria Taylor, John Thompson

Celebrating an anniversary: Tamara and Wes Smith

Clergy

The Rt Rev Andrew Asbil, Bishop of Toronto
416 363 6021

The Rt Rev Jenny Andison, Area Bishop of York-Credit Valley

The Rev Anne Germond, Metropolitan of the Province of Ontario

The Rev Mark Regis, Priest in Charge
mark@stmaryandstmartha.org
647 272 4574

The Rev Canon Dr Murray Henderson, Honorary Assistant
murray@stmaryandstmartha.org
416 259 1749 (h) and 647 884 8711 (c)

Wardens

Sandra Lewis, People's Warden 416 241 4528

Carol Lewis, Rector's Warden

Shirley Radley, Deputy Warden

Kuinivia (Queenie) Seiloa, Deputy Warden 416 242 7650

The Board of Management

Robert Davies, Sam Gebrael, Hector Harris, Stu Hutcheson, Carol Lewis,
Sandra Lewis, Don McCamus, Rev Mark Regis, Peter Tovell

Parish Life Committee

Carol Lewis, Sandra Lewis, Shirley Radley, Kuinivia Seiloa, Ann Chambers-Smith, Catherine Gardner, Hector Harris, Rochell Harry-Alexander, Dianne Izzard, Catalina Joaquin, Devon King, Lilian Leander, Deborah Scantlebury, Bev Sneyd, Fitzroy Thomas