



## Fourth Sunday after the Epiphany January 31, 2021

### Welcome

Minister

Jesus went about Galilee, teaching, preaching, and healing every disease. (*Matthew 4.23*)

Prayer

**Generous and bountiful God, give us grace always to thank you and share your gifts with others, that the world may be filled with the joy of our Saviour Jesus Christ. Amen.**

Hymn

**God of Mercy, God of Grace**

### Confession and Absolution

Minister

Let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Minister

Most merciful God,

All

**We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Minister

Almighty God have mercy upon you, pardon and deliver you from all our sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Let us pray.

Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### The Psalm: 111

<sup>1</sup> Hallelujah!

I will give thanks to the Lord with my whole heart,  
in the assembly of the upright, in the congregation.

<sup>2</sup> **Great are the deeds of the Lord!**

**they are studied by all who delight in them.**

<sup>3</sup> His work is full of majesty and splendour,  
and his righteousness endures for ever.

**<sup>4</sup> He makes his marvellous works to be remembered;  
the Lord is gracious and full of compassion.**

<sup>5</sup> He gives food to those who fear him;  
he is ever mindful of his covenant.

**<sup>6</sup> He has shown his people the power of his works  
in giving them the lands of the nations.**

<sup>7</sup> The works of his hands are faithfulness and justice;  
all his commandments are sure.

**<sup>8</sup> They stand fast for ever and ever,  
because they are done in truth and equity.**

<sup>9</sup> He sent redemption to his people;  
he commanded his covenant for ever;  
holy and awesome is his name.

**<sup>10</sup> The fear of the Lord is the beginning of wisdom;  
those who act accordingly have a good understanding;  
his praise endures for ever.**

**Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and ever shall be,  
world without end, Amen.**

**Hymn            Thou Whose Almighty Word**

**The Reading: Mark 1.21-28**

Reader            A reading from the Gospel of Mark.

<sup>21</sup> They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. <sup>22</sup>They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. <sup>23</sup>Just then there was in their synagogue a man with an unclean spirit, <sup>24</sup>and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' <sup>25</sup>But Jesus rebuked him, saying, 'Be silent, and come out of him!' <sup>26</sup>And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. <sup>27</sup>They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' <sup>28</sup>At once his fame began to spread throughout the surrounding region of Galilee.

Reader            The Word of the Lord.

**All                Thanks be to God.**

**Sermon**

The Rev Mark Regis

## **Apostles' Creed**

**All** I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was  
conceived by the Holy Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate, was crucified, died, and  
was buried; he descended to the dead. On the third day  
he rose again; he ascended into heaven, he is seated at  
the right hand of the Father, and he will come to judge  
the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins, the  
resurrection of the body, and the life everlasting. Amen.

**The Offertory** - *Please take a moment to prayerfully present your financial offering to God.*

Prayer over the Gifts God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us  
for your service. We ask this in the name of Jesus Christ the Lord. **Amen.**

## **The Prayers**

Minister The Lord be with you.

**All** **And also with you.**

Minister Let us pray.

Lord, have mercy upon us.

**All** **Christ, have mercy upon us.**

Minister Lord, have mercy upon us.

**All** **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on  
earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we  
forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For  
thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

Minister Save your people, Lord, and bless your inheritance;

**People** **Govern and uphold us now and always.**

Minister Day by day we bless you;

**People** **We praise your name forever.**

Minister Lord, keep us from sin today;

**People** **Have mercy on us, Lord, have mercy.**

Minister Lord, show us your love and mercy;

**People** **For we put our trust in you.**

Minister In you, Lord, is our hope;

**People** **And we shall never hope in vain.**

Leader Almighty and everlasting God, who governs all things in heaven and earth: Mercifully hear the  
supplications of your people, and grant us thy peace all the days of our life; through Jesus Christ our  
Lord. **Amen.**

- Leader Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered together under the banner of the Prince of Peace, as children of one God and Creator of us all; to whom be dominion and glory, now and forever. **Amen.**
- Leader Oh God, you made us in your own image and redeemed us through Jesus your Son. Look now with compassion on the entire human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. **Amen.**
- Leader O God the Holy Spirit, Sanctifier of the faithful, enlighten the minds of your people more and more with the light of the everlasting Gospel. Bring erring souls to the knowledge of God our Saviour; and those who are walking in the way of life, keep steadfast unto the end. Guard from forgetfulness of you those who are strong and prosperous. Increase in us your many gifts of grace, and make us all to be fruitful in good works; O blessed Spirit, whom with the Father and the Son together we worship and glorify, one God, world without end. **Amen.**
- Leader O Christ, Master of all, support of the weak and comfort of the afflicted, strengthen the tempted and raise the fallen. Watch over the lonely and those in danger. Give hope to the despairing and sustain the faith of the persecuted. We pray for those who are in any need and for those who have asked for our prayers...for Stella, Ed, Norma, Shirley, John, Amini, Ivy, Jackie, Leila, Alicia. And now in a moment of silence we lift up before you all those in our hearts who need your loving care... **Amen.**
- Leader Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

### **The Blessing**

Be steadfast in faith, joyful in hope, and untiring in love all the days of your life; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

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**In our prayers this week:**

**The Anglican Communion**

Igreja Episcopal Anglicana do Brasil

**The Anglican-Lutheran Cycle of Prayer**

**ACC** The Provincial Synod of the Ecclesiastical Province of Canada

**ELCIC** The dean, council, and congregations of the Ottawa, Ottawa Valley and Seaway Areas of the Eastern Synod

**Diocese of Toronto**

Eglinton Deanery

### **Social Justice and Advocacy Committee**

The clergy and people of Grace Church on-the-Hill; Grace Church, Markham; Grace Church, Scarborough and their outreach activities.

### **The Church of St Mary and St Martha**

In our parish cycle: Philip and Lynette Conyers; Heather Cumine; JEff and Barbara Daigle  
Celebrating a birthday: Barbara Robinson; Yvonne Leander

### **Clergy**

The Rt Rev Andrew Asbil, Bishop of Toronto  
416 363 6021

The Rt Rev Jenny Andison, Area Bishop of York-Credit Valley

The Most Rev Anne Germond, Metropolitan of the Province of Ontario

The Rev Mark Regis, Priest in Charge  
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The Rev Canon Dr Murray Henderson, Honorary Assistant  
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Matthew Waterman, Children/Youth Pastor & Digital Media Coordinator  
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### **Wardens**

Sandra Lewis, People's Warden 416 241 4528  
Carol Lewis, Rector's Warden  
Shirley Radley, Deputy Warden  
Kuinivia (Queenie) Seiloa, Deputy Warden 416 242 7650

### **The Board of Management**

Robert Davies, Sam Gebrael, Hector Harris, Stu Hutcheson, Carol Lewis,  
Sandra Lewis, Don McCamus, Rev Mark Regis, Peter Tovell

### **Parish Life Committee**

Carol Lewis, Sandra Lewis, Shirley Radley, Kuinivia Seiloa, Ann Chambers-Smith, Catherine Gardner,  
Hector Harris, Jackie Harris, Rochell Harry-Alexander, Dianne Izzard, Ingrid Jones, Devon King, Lilian Leander,  
Deborah Scantlebury, Bev Sneyd, Fitzroy Thomas

### **Anglican Church of St Mary and St Martha**

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