



The First Sunday of Lent February 21, 2021

Welcome

Minister We shall not live by bread alone, but by every word that proceeds from the mouth of God.
(Matthew 4.4)

Prayer Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Hymn **Forty Days and Forty Nights**

Confession and Absolution

Minister Let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Minister Most merciful God,

All We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Minister Almighty God have mercy upon you, pardon and deliver you from all our sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Let us pray.

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Psalm: 25.1-9

¹To you, O Lord, I lift up my soul;
my God, I put my trust in you;
let me not be humiliated,
nor let my enemies triumph over me.

**² Let none who look to you be put to shame;
let the treacherous be disappointed in their schemes.**

³Show me your ways, O Lord,
and teach me your paths.

**⁴ Lead me in your truth and teach me,
for you are the God of my salvation;
in you have I trusted all the day long.**

⁵Remember, O Lord, your compassion and love,
for they are from everlasting.

**⁶ Remember not the sins of my youth and my transgressions;
remember me according to your love
and for the sake of your goodness, O Lord.**

⁷Gracious and upright is the Lord;
therefore he teaches sinners in his way.

**⁸ He guides the humble in doing right
and teaches his way to the lowly.**

⁹All the paths of the Lord are love and faithfulness
to those who keep his covenant and his testimonies.

**Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and ever shall be,
world without end, Amen.**

Hymn Lord, Who Throughout these Forty Days

The Reading: Mark 1.9-13

Reader A reading from the Gospel of Mark.

⁹In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

¹²And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Reader The Word of the Lord.
All **Thanks be to God.**

Sermon
Listening in Lent

Rev Mark Regis

Questions for Reflection

- *What stands out to you from the bible readings and/or sermon?*
- *What questions arise?*
- *What might God be saying to you or to us?*

Apostles' Creed

All **I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord, who was
conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and
was buried; he descended to the dead. On the third day
he rose again; he ascended into heaven, he is seated at
the right hand of the Father, and he will come to judge
the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body, and the life everlasting. Amen.**

The Offertory - *Please take a moment to prayerfully present your financial offering to God.*

Prayer over the Gifts God our refuge and our strength, receive all we offer you this day, and through the death
and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

The Prayers

Minister The Lord be with you.

All **And also with you.**

Minister Let us pray.

Lord, have mercy upon us.

All **Christ, have mercy upon us.**

Minister Lord, have mercy upon us.

All **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on
earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we
forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For
thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

Minister Save your people, Lord, and bless your inheritance;

People **Govern and uphold us now and always.**

Minister Day by day we bless you;

People **We praise your name forever.**

Minister Lord, keep us from sin today;
People Have mercy on us, Lord, have mercy.

Minister Lord, show us your love and mercy;
People For we put our trust in you.

Minister In you, Lord, is our hope;
People And we shall never hope in vain.

Leader God of unchangeable power and eternal light: Look favourably upon your whole Church, that wonderful and sacred mystery; and by the tranquil operation of your perpetual providence carry out the work of humanity's salvation; that things which were cast down may be raised up, and that all things may return into unity through him by whom all things were made, even your Son Jesus Christ our Lord. **Amen.**

Leader Almighty God, you created us in your own image: Grant us grace to contend fearlessly against the evils of racism, white supremacy, and heartless indifference, and to make no peace with oppression; help us to use our freedom rightly in the establishment of justice in our communities and among the nations. Unite us in bonds of love and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. **Amen.**

Leader O God the Holy Spirit, Sanctifier of the faithful, enlighten the minds of your people more and more with the light of the everlasting Gospel. Bring erring souls to the knowledge of God our Saviour; and those who are walking in the way of life, keep steadfast unto the end. We pray for our Alpha experience and especially our upcoming Holy Spirit Day, that your people would experience the presence and power of the Spirit. Increase in us all your many gifts of grace, and make us all to be fruitful in good works; O blessed Spirit, whom with the Father and the Son together we worship and glorify, one God, world without end. **Amen.**

Leader O Christ, Master of all, support of the weak and comfort of the afflicted, strengthen the tempted and raise the fallen. Watch over the lonely and those in danger. Give hope to the despairing and sustain the faith of the persecuted. We pray for those who are in any need and for those who have asked for our prayers....for Stella, Ed, Shirley, John, Amini, Ivy, Jackie, Leila, Alicia, Carol, and Anjanette... We pray for the family and friends of Norma Achong as they mourn her loss. And now in a moment of silence we lift up before you all those in our hearts who need your loving care... **Amen.**

Leader Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

The Blessing

Be steadfast in faith, joyful in hope, and untiring in love all the days of your life; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

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In our prayers this week:

The Anglican Communion

The Church of the Province of Central Africa

The Anglican-Lutheran Cycle of Prayer

ACC The Most Rev. David Edwards, Archbishop, and the clergy and people of the Diocese of Fredericton

ELCIC The dean, council, and congregations of the Grand River and Thames Areas of the Eastern Synod

Diocese of Toronto

Durham and Northumberland Deanery

Social Justice and Advocacy Committee

The clergy and people of the Parish of Lloydtown; the Church of the Messiah; the Parish of Minden-Kinmount and their outreach activities.

The Church of St Mary and St Martha

In our parish cycle: Joy Ellis; George Fabian; Christine Fajingbesi; Joshua Fajingbesi
Celebrating a birthday: Jheneil James

Clergy

The Rt Rev Andrew Asbil, Bishop of Toronto
416 363 6021

The Rt Rev Jenny Andison, Area Bishop of York-Credit Valley

The Most Rev Anne Germond, Metropolitan of the Province of Ontario

The Rev Mark Regis, Priest in Charge
mark@stmaryandstmartha.org
647 272 4574

The Rev Canon Dr Murray Henderson, Honorary Assistant
murray@stmaryandstmartha.org
416 259 1749 (h)

Matthew Waterman, Children/Youth Pastor & Digital Media Coordinator
matthew@stmaryandstmartha.org

Wardens

Sandra Lewis, People's Warden 416 241 4528
Carol Lewis, Rector's Warden
Shirley Radley, Deputy Warden
Kuinivia (Queenie) Seiloa, Deputy Warden 416 242 7650

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