



Fifth Sunday after the Epiphany February 7, 2021

Welcome

Minister

He took our infirmities and bore our diseases. (*Matthew 8.17*)

Prayer

God of the universe, Lord of life, give us grace to see you in all your works, in all creatures, all people, and in our hearts, that we may faithfully serve you and worthily praise your holy name, through Jesus Christ our Lord. **Amen.**

Hymn

Praise to the Lord, the Almighty

Confession and Absolution

Minister

Let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Minister

Most merciful God,

All

We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Minister

Almighty God have mercy upon you, pardon and deliver you from all our sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Let us pray.

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Psalm: 147.1-12, 21

¹ Hallelujah! How good it is to sing praises to our God!
how pleasant it is to honour him with praise!

**² The Lord rebuilds Jerusalem;
he gathers the exiles of Israel.**

³ He heals the brokenhearted
and binds up their wounds.

**⁴ He counts the number of the stars
and calls them all by their names.**

⁵ Great is our Lord and mighty in power;
there is no limit to his wisdom.

**⁶ The Lord lifts up the lowly,
but casts the wicked to the ground.**

⁷ Sing to the Lord with thanksgiving;
make music to our God upon the harp.

**⁸ He covers the heavens with clouds
and prepares rain for the earth;**

⁹ He makes grass to grow upon the mountains
and green plants to serve mankind.

**¹⁰ He provides food for flocks and herds
and for the young ravens when they cry.**

¹¹ He is not impressed by the might of a horse,
he has no pleasure in the strength of a man;

**¹² But the Lord has pleasure in those who fear him,
in those who await his gracious favour.**

²¹ Hallelujah!

**Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and ever shall be,
world without end, Amen.**

Hymn I Heard the Voice of Jesus Say

The Reading: Mark 1.29-39

Reader A reading from the Gospel of Mark.

²⁹ As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³² That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵ In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, 'Everyone is searching for you.' ³⁸He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is

what I came out to do.' ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Reader The Word of the Lord.

All Thanks be to God.

Sermon

Emma Hart

Apostles' Creed

**All I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord, who was
conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and
was buried; he descended to the dead. On the third day
he rose again; he ascended into heaven, he is seated at
the right hand of the Father, and he will come to judge
the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body, and the life everlasting. Amen.**

The Offertory - *Please take a moment to prayerfully present your financial offering to God.*

Prayer over the Gifts God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. **Amen.**

The Prayers

Minister The Lord be with you.

All And also with you.

Minister Let us pray.

Lord, have mercy upon us.

All Christ, have mercy upon us.

Minister Lord, have mercy upon us.

All Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

Minister Save your people, Lord, and bless your inheritance;

People Govern and uphold us now and always.

Minister Day by day we bless you;

People We praise your name forever.

Minister Lord, keep us from sin today;

People Have mercy on us, Lord, have mercy.

Minister Lord, show us your love and mercy;

People For we put our trust in you.

Minister In you, Lord, is our hope;

People And we shall never hope in vain.

Leader God of unchangeable power and eternal light: Look favourably upon your whole Church, that wonderful and sacred mystery; and by the tranquil operation of your perpetual providence carry out the work of humanity's salvation; that things which were cast down may be raised up, and that all things may return into unity through him by whom all things were made, even your Son Jesus Christ our Lord. **Amen.**

Leader Oh God, you made us in your own image and redeemed us through Jesus your son. Look now with compassion on the entire human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. **Amen.**

Leader O God the Holy Spirit, Sanctifier of the faithful, enlighten the minds of your people more and more with the light of the everlasting Gospel. Bring erring souls to the knowledge of God our Saviour; and those who are walking in the way of life, keep steadfast unto the end. We pray for our Alpha experience, that your people would experience openness, healing, and growth in Christ. Increase in us all your many gifts of grace, and make us all to be fruitful in good works; O blessed Spirit, whom with the Father and the Son together we worship and glorify, one God, world without end. **Amen.**

Leader O Christ, Master of all, support of the weak and comfort of the afflicted, strengthen the tempted and raise the fallen. Watch over the lonely and those in danger. Give hope to the despairing and sustain the faith of the persecuted. We pray for those who are in any need and for those who have asked for our prayers...for Stella, Ed, Norma, Shirley, John, Amini, Ivy, Jackie, Leila, Alicia, Carol, and Anjanette... and we pray for the loved ones of Pamela as they mourn her loss. And now in a moment of silence we lift up before you all those in our hearts who need your loving care... **Amen.**

Leader Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

The Blessing

Be steadfast in faith, joyful in hope, and untiring in love all the days of your life; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Music license A725588 with OneLicense.net

In our prayers this week:

The Anglican Communion

The Anglican Church of Burundi

The Anglican-Lutheran Cycle of Prayer

ACC The Rt. Rev. John Watton, Bishop, and the people and clergy of the
Diocese of Central Newfoundland

ELCIC The dean, council, and congregations of the Two Rivers, Nith Valley and
Niagara Areas of the Eastern Synod

Diocese of Toronto

Holland Deanery

Social Justice and Advocacy Committee

The clergy and people of the Parish of Haliburton; the Church of the Holy Family; the Church of the Holy Trinity,
Guildwood and their outreach activities.

The Church of St Mary and St Martha

In our parish cycle: Bridgette Davis; Anthonia Davy; Louise Dexter
Celebrating a birthday: Keithley French

Clergy

The Rt Rev Andrew Asbil, Bishop of Toronto
416 363 6021

The Rt Rev Jenny Andison, Area Bishop of York-Credit Valley

The Most Rev Anne Germond, Metropolitan of the Province of Ontario

The Rev Mark Regis, Priest in Charge
mark@stmaryandstmartha.org
647 272 4574

The Rev Canon Dr Murray Henderson, Honorary Assistant
murray@stmaryandstmartha.org
416 259 1749 (h) and 647 884 8711 (c)

Matthew Waterman, Children/Youth Pastor & Digital Media Coordinator
matthew@stmaryandstmartha.org

Wardens

Sandra Lewis, People's Warden 416 241 4528
Carol Lewis, Rector's Warden
Shirley Radley, Deputy Warden
Kuinvia (Queenie) Seiloo, Deputy Warden 416 242 7650

The Board of Management

Robert Davies, Sam Gebrael, Hector Harris, Stu Hutcheson, Carol Lewis,
Sandra Lewis, Don McCamus, Rev Mark Regis, Peter Tovell

Parish Life Committee

Carol Lewis, Sandra Lewis, Shirley Radley, Kuinvia Seiloo, Ann Chambers-Smith, Catherine Gardner,
Hector Harris, Jackie Harris, Rochell Harry-Alexander, Dianne Izzard, Ingrid Jones, Devon King, Lilian Leander,
Deborah Scantlebury, Bev Sneyd, Fitzroy Thomas

Anglican Church of St Mary and St Martha

1149 Weston Road, Toronto, ON M6N 3S3

416 766 1887

Elizabeth Nelson, Parish Administrator - office@stmaryandstmartha.org