



# Windows into life

## A Summer Sermon Series

### Communion Service

August 15, 2021, at 10:30 am

#### Welcome

*The Rev Mark Regis, Priest-in-Charge*

#### Musical Worship

**O Praise the Name**

**10,000 Reasons**

#### Opening Prayers

#### Scripture

**Psalm Psalm 132: 6-10**

<sup>6</sup>We heard it in Ephrathah,  
we came upon it in the fields of Jaar:

<sup>7</sup>'Let us go to his dwelling-place,  
let us worship at his footstool, saying,

<sup>8</sup>"Arise, Lord, and come to your resting place,  
you and the ark of your might.

<sup>9</sup>May your priests be clothed with your righteousness;  
may your faithful people sing for joy."

<sup>10</sup>For the sake of your servant David,  
do not reject your anointed one.

Reader Glory be the Father, and to the Son, and to the Holy Spirit;  
**All As it was in the beginning, is now, and ever shall be, world  
without end. Amen**

**First Reading 1 Corinthians 15: 1-14**

<sup>1</sup> Now, brothers and sisters, I want to remind you of the gospel I preached to you, which you received and on which you have taken your stand. <sup>2</sup> By this gospel you are saved, if you hold firmly to the word I preached to you. Otherwise, you have believed in vain.

<sup>3</sup> For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, <sup>4</sup> that he was buried, that he was raised on the third day according to the Scriptures, <sup>5</sup> and that he appeared to Cephas, and then to the Twelve. <sup>6</sup> After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. <sup>7</sup> Then he appeared to James, then to all the apostles, <sup>8</sup> and last of all he appeared to me also, as to one abnormally born.

<sup>9</sup> For I am the least of the apostles and do not even deserve to be called an apostle, because I persecuted the church of God. <sup>10</sup> But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me. <sup>11</sup> Whether, then, it is I or they, this is what we preach, and this is what you believed.

<sup>12</sup> But if it is preached that Christ has been raised from the dead, how can some of you say that there is no resurrection of the dead? <sup>13</sup> If there is no resurrection of the dead, then not even Christ has been raised. <sup>14</sup> And if Christ has not been raised, our preaching is useless and so is your faith.

Leader The word of the Lord;  
**All Thanks be to God.**

**Music Worship**

**Agnus Dei**

**Second Reading Matthew 28: 1-10**

<sup>1</sup> After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to look at the tomb.

<sup>2</sup> There was a violent earthquake, for an angel of the Lord came down from heaven and, going to the tomb, rolled back the stone and sat on it. <sup>3</sup> His appearance was like lightning, and his clothes were white as snow. <sup>4</sup> The guards were so afraid of him that they shook and became like dead men.

<sup>5</sup> The angel said to the women, 'Do not be afraid, for I know that you are looking for Jesus, who was crucified. <sup>6</sup> He is not here; he has risen, just as he said. Come and see the place where he lay. <sup>7</sup> Then go quickly and tell his disciples: "He has risen from the dead and is going ahead of you into Galilee. There you will see him." Now I have told you.'

<sup>8</sup> So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples. <sup>9</sup> Suddenly Jesus met them. 'Greetings,' he said. They came to him, clasped his feet and worshipped him. <sup>10</sup> Then Jesus said to them, 'Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me.'

Leader The word of the Lord;  
All **Thanks be to God.**

## Sermon

**The Rev Mark Regis**

*You can also view our sermons again online at [www.stmaryandstmartha.org](http://www.stmaryandstmartha.org)*

## Reflection

**How Deep the Father's Love for Us**

## Creed

Leader Do you believe and trust in God the Father?  
All **I believe in God, the Father almighty, creator of heaven and earth.**

Leader Do you believe and trust in his Son Jesus Christ?  
All **I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**

Leader Do you believe and trust in the Holy Spirit?  
All **I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## Offertory

*In our offertory we offer our praise and thanksgiving and the gifts of ourselves and our service to the glory of God. If you wish to financially support the ongoing gospel ministry of St. Mary and St. Martha during this time you can find options on our website at [www.stmaryandstmartha.org/give](http://www.stmaryandstmartha.org/give).*

## Offertory Worship

**In Christ Alone**

Leader Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ.  
All **Amen.**

## The Doxology

**Praise God from whom all blessings flow!  
Praise Him all creatures here below!  
Praise Him above ye heavenly host!  
Praise Father, Son and Holy Ghost. Amen.**

## Prayers

Each Prayer will end with the following response:

Prayer Lord, in your Mercy;  
Leader  
All **Hear our prayer.**

Prayer Almighty God, you have given us grace at this time to bring before  
Leader you our common supplications, and you have promised that when two or three are gathered in your name you will grant their requests. So, Lord, fulfil now the desires and prayers of your people in ways

and to degrees that are best for us, granting us in this world knowledge of your truth and in the world to come life everlasting.  
**Amen.**

**All**

**The Collect**

Leader Almighty God, send down upon your Church the riches of your Spirit, and kindle in all who minister the gospel your countless gifts of grace; through Jesus Christ our Lord.

**All**

**Amen.**

**Confession & Absolution**

**All**

**Merciful God, we confess to you now that we have sinned. We confess the sins that no one knows and the sins that everyone knows. We confess the sins that are a burden to us and the sins that do not bother us because we have grown used to them. We have not loved one another as Christ loved us. We have not forgiven one another as we have been forgiven. We have not given ourselves in love and service as Christ gave himself for us. Father, forgive us. Send the Holy Spirit to us, that he may give us power to live as you have called us to live. Through Jesus Christ our Lord. Amen.**

Leader

May Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom, and keep you upright to the last day; through Jesus Christ our merciful Lord.

**All**

**Amen.**

**Communion Prayer**

Leader

The Lord is here. Lift up your hearts.

**All**

**We lift them to the Lord.**

Leader

Let us give thanks to God.

**All**

**It is right to give thanks and praise.**

Leader

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself.

Leader

When we turned away you did not reject us but came to meet us in your Son.

**All**

**You embraced us as your children and welcomed us to sit and eat with you.**

Leader

In Christ you shared our life that we might live in him and he in us.

**All**

**He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.**

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

**Father, we do this in remembrance of him: his body is the bread of life.**

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sins; do this in remembrance of me.

**Father, we do this in remembrance of him: his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son. As we eat and drink these holy gifts make us one in Christ, our risen Lord.

**Amen.**

**The Lord's Prayer**

Leader  
**All**

As our Saviour Christ has taught, we are bold to pray  
**Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

**Communion**

*All who are baptized in any Christian Church and seek to follow Jesus Christ are invited to receive Communion.*

**Musical Worship**

**Blessed Assurance  
There is a Redeemer**

**Prayer after  
Communion**

**All**

**Everlasting God, in faith you have adopted us as your children, made us members of the body of Christ and chosen us as inheritors of your kingdom: We thank you that in this bread and wine you renew your promises within us, empower us by your Spirit to witness and to serve, and send us out as disciples of your Son, Jesus Christ our Lord. Amen.**

**The Blessing**

Leader

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always.

**All**

**Amen.**

**Announcements**

**Closing Worship**

**Raise a Hallelujah**

**Dismissal**

Leader  
**All**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

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**In our prayers this week:**

**The Anglican Communion**

The Anglican Church of Southern Africa

**The Anglican-Lutheran Cycle of Prayer**

**ACC** The Rt. Rev. Geoff Woodcroft, Bishop, and the clergy and people of the Diocese of Rupert's Land

**ELCIC** The dean, council, and congregations of the West Central Area of the Synod of Alberta and the Territories

**ACC/ELCIC** The Canadian Lutheran Anglican Youth Gathering (CLAY)

**Social Justice and Advocacy Committee**

The clergy and people of St. Matthias, Etobicoke; St. Michael and All Angels; St. Michael the Archangel and their outreach activities

**The Church of St Mary and St Martha**

Parish Cycle: Gloria Reinbergs; Audrey Riley; Celeste Roberts

Celebrating birthdays: Jimmicia Morgan

**Clergy**

The Rev Mark Regis, Priest in Charge

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**Wardens**

Sandra Lewis, People's Warden 416 241 4528 / Carol Lewis, Rector's Warden  
Shirley Radley, Deputy Warden / Kuinivia (Queenie) Seiloa, Deputy Warden 416 242 7650

**The Board of Management**

Robert Davies, Sam Gebrael, Hector Harris, Stu Hutcheson, Carol Lewis,  
Sandra Lewis, Don McCamus, Rev Mark Regis, Peter Tovell

**Parish Life Committee**

Carol Lewis, Sandra Lewis, Shirley Radley, Kuinivia Seiloa, Ann Chambers-Smith, Catherine Gardner,  
Hector Harris, Jackie Harris, Rochell Harry-Alexander, Dianne Izzard, Ingrid Jones, Devon King,  
Lilian Leander, Deborah Scantlebury, Bev Sneyd, Fitzroy Thomas, Matthew Waterman

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*The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee), and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the New Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase.*

*Today, Toronto is home to many Indigenous people from across Turtle Island. We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous Peoples.*