

Service of Morning Prayer

August 22, 2021 at 10:30am

The Thirteenth Sunday after Pentecost

Welcome

The Rev. Mark Regis, Priest-in-Charge

The Invitation

Leader We have come together in the name of Christ to offer our praise and thanksgiving, to hear and receive God's holy word, to pray for the needs of the world, and to seek our forgiveness of our sins, that by the power of the Holy Spirit we may give ourselves to the service of God.

Leader This is the Day the Lord has made.

All Let us rejoice and be glad in it.

Call to Worship

Praise to the Lord, the Almighty

Praise to the Lord, the Almighty, the King of creation!
O my soul, praise him, for he is your health and salvation!
Come, all who hear; now to his temple draw near,
join me in glad adoration.

Praise to the Lord, above all things so wondrously reigning;
sheltering you under his wings, and so gently sustaining!
Have you not seen all that is needful has been
sent by his gracious ordaining?

Praise to the Lord, who will prosper your work and defend you;
surely his goodness and mercy shall daily attend you.
Ponder anew what the Almighty can do,
if with his love he befriends you.

Praise to the Lord! O let all that is in me adore him!
All that has life and breath, come now with praises before him.
Let the Amen sound from his people again;
gladly forever adore him.

Confession

Leader Scripture reminds us that, though we are redeemed and forgiven as God's people, we still sin and fall short of God's glory. We need to confess our failures, knowing that the Lord Jesus died for us and intercedes for us before the Father. Let us draw near to God, who freely forgives through his infinite goodness and mercy, and pray to him with sincerity and confidence.

All Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves.

In your mercy forgive what we have been, help us to mend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

Leader May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord.

All Amen

Leader O Lord, open up our hearts;
All And we will praise your holy name.

Leader O God, be quick to save us;
All O Lord, do not wait to help us.

Leader Glory be to the Father, and to the Son, and to the Holy Spirit;
All As it was in the beginning, is now, and ever shall be, world without end. Amen.

Leader Let us Praise the Lord;
All We do with all our heart.

Proclamation of the Word

Psalm

A reading from **Psalm 84**.

¹ How lovely is your dwelling-place,

LORD Almighty!

² My soul yearns, even faints,

for the courts of the LORD;

my heart and my flesh cry out

for the living God.

³ Even the sparrow has found a home,

and the swallow a nest for herself,

where she may have her young –

a place near your altar,

LORD Almighty, my King and my God.

⁴ Blessed are those who dwell in your house;

they are ever praising you.

⁵ Blessed are those whose strength is in you,

whose hearts are set on pilgrimage.

⁶ As they pass through the Valley of Baka,

they make it a place of springs;

the autumn rains also cover it with pools.

⁷ They go from strength to strength,

till each appears before God in Zion.

⁸ Hear my prayer, LORD God Almighty;

listen to me, God of Jacob.

⁹ Look on our shield, O God;

look with favour on your anointed one.

¹⁰ Better is one day in your courts

than a thousand elsewhere;

I would rather be a doorkeeper in the house of my God

than dwell in the tents of the wicked.

¹¹ For the LORD God is a sun and shield;

the LORD bestows favour and honour;

no good thing does he withhold

from those whose way of life is blameless.

¹² LORD Almighty,

blessed is the one who trusts in you.

Reader Glory be the Father, and to the Son, and to the Holy Spirit;

All As it was in the beginning, is now, and ever shall be, world without end. Amen

First Reading A reading from Joshua 24.1-2a, 14-18

¹ Then Joshua assembled all the tribes of Israel at Shechem. He summoned He : the elders, leaders, judges and officials of Israel, and they presented themselves before God.

² Joshua said to all the people, 'This is what the LORD, the God of Israel, says: "Long ago your ancestors, including Terah the father of Abraham and Nahor, lived beyond the River Euphrates and worshipped other gods.

¹⁴ 'Now fear the LORD and serve him with all faithfulness. Throw away the gods your ancestors worshipped beyond the River Euphrates and in Egypt, and serve the LORD. ¹⁵ But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the LORD.'

¹⁶ Then the people answered, 'Far be it from us to forsake the LORD to serve other gods! ¹⁷ It was the LORD our God himself who brought us and our parents up out of Egypt, from that land of slavery, and performed those great signs before our eyes. He protected us on our entire journey and among all the nations through which we travelled. ¹⁸ And the LORD drove out before us all the nations, including the Amorites, who lived in the land. We too will serve the LORD, because he is our God.'

Leader The word of the Lord;

All Thanks be to God.

Musical Worship

A Mighty Fortress

A mighty Fortress is our God,
A Bulwark never failing;
Our Helper He amid the flood
Of mortal ills prevailing:
For still our ancient foe
Doth seek to work us woe;
His craft and power are great,
And, armed with cruel hate,
On earth is not his equal.

If we in our own strength confide,
Our striving would be losing;
Were not the right Man on our side,
The Man of God's own choosing:
Dost ask who that may be?
Christ Jesus, it is He;
Lord of Host His Name,
From age to age the same,
And He must win the battle.

And though this world, with devils filled,
Should threaten to undo us,
We will not fear, for God hath willed
His truth to triumph through us:

A mighty Fortress is our God,
Who's kingdom is forever (*repeat*)

His Kingdom is forever (*repeat*)

If we in our own strength confide,
Our striving would be losing;

Second Reading

A reading from the gospel of John (John 6.56-69)

⁵⁶ Whoever eats my flesh and drinks my blood remains in me, and I in them. ⁵⁷
Just as the living Father sent me and I live because of the Father, so the one
who feeds on me will live because of me. ⁵⁸ This is the bread that came down
from heaven. Your ancestors ate manna and died, but whoever feeds on this
bread will live for ever.' ⁵⁹ He said this while teaching in the synagogue in
Capernaum.

⁶⁰ On hearing it, many of his disciples said, 'This is a hard teaching. Who can
accept it?'

⁶¹ Aware that his disciples were grumbling about this, Jesus said to them, 'Does
this offend you? ⁶² Then what if you see the Son of Man ascend to where he
was before! ⁶³ The Spirit gives life; the flesh counts for nothing. The words I
have spoken to you – they are full of the Spirit and life. ⁶⁴ Yet there are some of
you who do not believe.' For Jesus had known from the beginning which of
them did not believe and who would betray him. ⁶⁵ He went on to say, 'This is

why I told you that no one can come to me unless the Father has enabled them.'

⁶⁶ From this time many of his disciples turned back and no longer followed him.

⁶⁷ 'You do not want to leave too, do you?' Jesus asked the Twelve.

⁶⁸ Simon Peter answered him, 'Lord, to whom shall we go? You have the words of eternal life. ⁶⁹ We have come to believe and to know that you are the Holy One of God.'

Leader The word of the Lord;

All Thanks be to God.

Sermon

Ben Tshin, Postulant Intern

You can also view our sermons again online at www.stmaryandstmartha.org

Reflection/anthem or silence

Confession of Faith

Leader Do you believe and trust in God the Father?

All I believe in God, the Father almighty, creator of heaven and earth.

Leader Do you believe and trust in his Son Jesus Christ?

All I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

Leader Do you believe and trust in the Holy Spirit?

All I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Offertory

In our offertory we offer our praise and thanksgiving and the gifts of ourselves and our service to the glory of God. If you wish to financially support the ongoing gospel ministry of St. Mary and St. Martha during this time you can find options on our website at www.stmaryandstmartha.org/give.

Musical Worship

Tell Out My Soul

Tell out, my soul, the greatness of the Lord!
Unnumbered blessings give my spirit voice;
tender to me the promise of His Word;
in God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of His name!
Make known His might, the deeds His arm has done;
His mercy sure, from age to age the same;
His holy Name: the Lord, the mighty One.

Tell out, my soul, the greatness of His might!
Powers and dominions lay their glory by;
proud hearts and stubborn wills are put to flight;
the hungry fed, the humble lifted high.

Tell out, my soul, the glories of His word!
Firm is His promise, and His mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore!

Leader Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ.

All **Amen.**

The Doxology

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

Prayers

Leader The Lord be with you;
All **And with your spirit.**

Leader Let us pray.

Leader Lord, have mercy upon us.

All **Christ, have mercy upon us.**

The Lord's Prayer

Leader Lord, have mercy upon us.

All **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

Leader O Lord, show your mercy upon us;

All **And grant us your salvation.**

Leader O Lord, save the Queen;

All **And mercifully hear us when we call to you.**

Leader Provide your Ministers with righteousness;

All **And make your chosen people joyful.**

Leader O Lord, save your people;

All **And bless your inheritance.**

Leader Give peace in our time, O Lord;

All **And evermore mightily defend us.**

Leader O God, make clean our hearts within us;

All **And take not your Holy Spirit from us.**

The Collects

Leader *Collect of the Day*

God of constant mercy, who sent your Son to save us: remind us of your goodness, increase your grace within us, that our thankfulness may grow, through Jesus Christ our Lord.

All **Amen.**

Leader *Collect for Peace*

O God, the author of peace and lover of goodwill, the knowledge of whom provides us eternal life, the service to whom makes us free: defend us your humble servants in all assaults of our enemies; that, trusting in your protection, we may not fear the power of any adversaries; through the might of Jesus Christ our Lord.

All **Amen.**

Leader *Collect for Grace*

O Lord our Heavenly Father, Almighty and Everlasting God, who has safely brought us to the beginning of this day: Defend us with your mighty power, and grant that this day we neither fall into any sin nor run into any kind of danger; rather, govern and guide us at all times, so that we may do always what is right in your sight; through Jesus Christ our Lord.

All **Amen.**

Prayers of the People

Each Prayer will end with the following response:

Leader Lord, in your Mercy;

All **Hear our prayer.**

Prayer Leader Almighty God, you have given us grace at this time to bring before you our common supplications, and you have promised that when two or three are gathered together in your name you will grant their requests. So, Lord, fulfil now the desires and prayers of your people in ways and to degrees that are best for us, granting us in this world knowledge of your truth and in the world to come life everlasting.

All **Amen.**

Closing Prayer

Leader

All Holy and ever-living God, by your power we are created and by your love we are redeemed; Guide and strengthen us by your Spirit, that we may give ourselves this coming week to your service, and live in love to one another and to you, through Jesus Christ our Lord.

All **Amen.**

Announcements

Closing Worship

Guide Me, O Thou Great Jehovah

Guide me, O my great Redeemer,
pilgrim through this barren land;
I am weak, but you are mighty;
hold me with your powerful hand.
Bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

Open now the crystal fountain,
where the healing waters flow.
Let the fire and cloudy pillar
lead me all my journey through.

Strong Deliverer, strong Deliverer,
ever be my strength and shield,
ever be my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside.
Death of death, and hell's Destruction,
land me safe on Canaan's side.
Songs of praises, songs of praises
I will ever sing to you,
I will ever sing to you.

The Blessing

Leader The peace of God which passes all understanding, keep your hearts
 and minds in the knowledge and love of God, and of his Son Jesus
 Christ our Lord: And the blessing of God almighty, the Father, the
 Son and the Holy Spirit be among you and remain with you always.

All **Amen**

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In our prayers this week:

The Anglican Communion

The Anglican Church of South America

The Anglican-Lutheran Cycle of Prayer

ACC The Rt. Rev. Michael Hawkins, Bishop; The Rt. Rev Adam Halkett, Suffragan Bishop, and the clergy and people of the Diocese of Saskatchewan

ELCIC The dean, council, and congregations of the South West Area of the Synod of Alberta and the Territories

Diocese of Toronto

Bishop Riscylla Shaw

Social Justice and Advocacy Committee

The clergy and people of St Monica; St Nicholas; St Ninian and their outreach activities

The Church of St Mary and St Martha

Parish Cycle: Barbara Robinson; Vannett Robinson; Cecil Romain

Celebrating birthdays: Dorothy Thompson; Belmora Maitland

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The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee), and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the New Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase.

Today, Toronto is home to many Indigenous people from across Turtle Island. We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous Peoples.