



Windows into life

A Summer Sermon Series

Service of Morning Prayer

August 8, 2021, at 10:30 am

The Eleventh Sunday after Pentecost

Welcome

The Rev Mark Regis, Priest-in-Charge

The Invitation

Leader We have come together in the name of Christ to offer our praise and thanksgiving, to hear and receive God's holy word, to pray for the needs of the world, and to seek our forgiveness of our sins, that by the power of the Holy Spirit we may give ourselves to the service of God.

Leader This is the day the Lord has made.

All Let us rejoice and be glad in it.

Call to Worship

Rest on us

As the Spirit was moving over the waters

Spirit, come move over us

Come rest on us

Come rest on us **x2**

Come down

Spirit, when You move You make my heart pound

When You fill the room

You're here and I know You are moving

I'm here and I know You will fill me

Come down

Spirit, when You move You make my heart pound

When You fill the room

You're here and I know You are moving

I'm here and I know You will fill me

We honour You, Holy Spirit

And fire and wind, come and do it again
Open up the gates, let heaven on in
Come rest on us
Come rest on us **x2**

And come down
Spirit, when You move You make my heart pound
When You fill the room
You're here and I know You are moving
I'm here and I know You will fill me
Come down
Spirit, when You move You make my heart pound
When You fill the room
You're here and I know You are moving
I'm here and I know You will fill me

Oh, we wait, we wait
We honour You

Holy Spirit, come rest on us
You're all we want
You're all we want **x4**

The Confession

Leader Scripture reminds us that, though we are redeemed and forgiven as God's people, we still sin and fall short of God's glory. We need to confess our failures, knowing that the Lord Jesus died for us and intercedes for us before the Father. Let us draw near to God, who freely forgives through his infinite goodness and mercy, and pray to him with sincerity and confidence.

All Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves.

In your mercy forgive what we have been, help us to mend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

Leader May the God of love and power forgive you and free you from our sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord.

All Amen.

Leader O Lord, open up our hearts;
All And we will praise your holy name.

Leader O God, be quick to save us;
All O Lord, do not haste to help us.

Leader Glory be to the Father, and to the Son, and to the Holy Spirit;
All As it was in the beginning, is now, and ever shall be, world without end. Amen.

Leader Let us praise the Lord;
All We do with all our heart.

Proclamation of the Word

Psalm

A reading from **Psalm 130**

¹ Out of the depths I cry to you, Lord;

² Lord, hear my voice.

Let your ears be attentive
to my cry for mercy.

³ If you, Lord, kept a record of sins,
Lord, who could stand?

⁴ But with you there is forgiveness,
so that we can, with reverence, serve you.

⁵ I wait for the Lord, my whole being waits,
and in his word I put my hope.

⁶ I wait for the Lord
more than watchmen wait for the morning,
more than watchmen wait for the morning.

⁷ Israel, put your hope in the Lord,
for with the Lord is unfailing love
and with him is full redemption.

⁸ He himself will redeem Israel
from all their sins.

Reader Glory be to the Father, and to the Son, and to the Holy Spirit;

All As it was in the beginning, is now, and ever shall be, world without end. Amen.

First Reading

A reading from 1 Corinthians 11.17-34

¹⁷ In the following directives I have no praise for you, for your meetings do more harm than good. ¹⁸ In the first place, I hear that when you come together as a church, there are divisions among you, and to some extent I believe it. ¹⁹ No doubt there have to be differences among you to show which of you have God's approval. ²⁰ So then, when you come together, it is not the Lord's Supper you eat, ²¹ for when you are eating, some of you go ahead with your own private suppers. As a result, one person remains hungry and another gets drunk. ²² Don't you have homes to eat and drink in? Or do you despise the church of God by humiliating those who have nothing? What shall I say to you? Shall I praise you? Certainly not in this matter!

²³ For I received from the Lord what I also passed on to you: the Lord Jesus, on the night he was betrayed, took bread, ²⁴ and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.' ²⁵ In the same way, after supper he took the cup, saying, 'This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.' ²⁶ For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

²⁷ So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. ²⁸ Everyone ought to examine themselves before they eat of the bread and drink from the cup. ²⁹ For those who eat and drink without discerning the

body of Christ eat and drink judgment on themselves. ³⁰ That is why many among you are weak and ill, and a number of you have fallen asleep. ³¹ But if we were more discerning with regard to ourselves, we would not come under such judgment. ³² Nevertheless, when we are judged in this way by the Lord, we are being disciplined so that we will not be finally condemned with the world.

³³ So then, my brothers and sisters, when you gather to eat, you should all eat together. ³⁴ Anyone who is hungry should eat something at home, so that when you meet together it may not result in judgment.

And when I come I will give further instructions.

Leader The Word of the Lord.

All Thanks be to God.

Musical Worship

Agnus Die

Alleluia Alleluia
For our Lord God Almighty reigns
Alleluia Alleluia
For our Lord God Almighty reigns
Alleluia

Holy Holy
Are You Lord God Almighty
Worthy is the Lamb
Worthy is the Lamb
You are Holy

Holy
Are You Lord God Almighty
Worthy is the Lamb
Worthy is the Lamb
Amen

Second Reading

A reading from the Gospel of Luke 22.14-27.

¹⁴ When the hour came, Jesus and his apostles reclined at the table. ¹⁵ And he said to them, 'I have eagerly desired to eat this Passover with you before I suffer. ¹⁶ For I tell you, I will not eat it again until it finds fulfilment in the kingdom of God.'

¹⁷ After taking the cup, he gave thanks and said, 'Take this and divide it among you. ¹⁸ For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes.'

¹⁹ And he took bread, gave thanks and broke it, and gave it to them, saying, 'This is my body given for you; do this in remembrance of me.'

²⁰ In the same way, after the supper he took the cup, saying, 'This cup is the new covenant in my blood, which is poured out for you. ²¹ But the hand of him who is going to betray me is with mine on the table. ²² The Son of Man will go as it has been decreed. But woe to that man who betrays him!' ²³ They began to question among themselves which of them it might be who would do this.

²⁴ A dispute also arose among them as to which of them was considered to be greatest. ²⁵ Jesus said to them, 'The kings of the Gentiles lord it over them; and those who exercise authority over them call themselves Benefactors. ²⁶ But you are not to be like that. Instead, the greatest among you should be like the youngest, and the one who rules like the one who serves. ²⁷ For who is greater, the one who is at the table or the one who serves? Is it not the one who is at the table? But I am among you as one who serves.

Leader The Word of the Lord.
All **Thanks be to God.**

Sermon

The Rev'd Sandra Seaborn
Director of Community and Support Services, Yonge Street Mission
You can also view our sermons again online at www.stmaryandstmartha.org

Reflection: **One Bread one Body**

Confession of Faith

Leader Do you believe and trust in God the Father?
All **I believe in God, the Father almighty, creator of heaven and earth.**

Leader Do you believe and trust in his Son Jesus Christ?
All **I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**

Leader Do you believe and trust in the Holy Spirit?
All **I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Offertory

In our offertory we offer our praise and thanksgiving and the gifts of ourselves and our service to the glory of God. If you wish to financially support the ongoing gospel ministry of St. Mary and St. Martha during this time you can find options on our website at www.stmaryandstmartha.org/give.

Musical Worship

Be thou my Vision

Be thou my vision, O Lord of my heart
Naught be all else to me, save that thou art
Thou my best thought, by day or by night
Waking or sleeping, thy presence my light

Be thou my wisdom, and thou my true word
I ever with thee and thou with me, Lord
Thou my great Father, and I thy true son
Thou in me dwelling and I with thee one

Riches I heed not, nor vain, empty praise
Thou mine inheritance, now and always

Thou and thou only first in my heart
High King of heaven, my treasure thou art

High King of heaven, my victory won
May I reach heaven's joys, O bright heaven's sun
Heart of my own heart, whatever befall
Still be my vision, O ruler of all
Heart of my own heart, whatever befall
Still be my vision, O ruler of all

Leader Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ.

All Amen.

The Doxology

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

Prayers

Leader The Lord be with you;

All And with your spirit.

Leader Let us pray.

Leader Lord, have mercy upon us.

All Christ, have mercy upon us.

Leader Lord, have mercy upon us.

The Lord's Prayer

All Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

Leader O Lord, show your mercy upon us;

All And grant us your salvation.

Leader O Lord, save the Queen;

All And mercifully hear us when we call to you.

Leader Provide your Ministers with righteousness;

All And make your chosen people joyful.

Leader O Lord, save your people;

All And bless your inheritance.

Leader Give peace in our time, O Lord;

All And evermore mightily defend us.

Leader O God, make clean our hearts within us;

All **And take not your Holy Spirit from us.**

The Collects Leader *Collect of the Day*

All Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord. Amen.

All **Amen.**

Leader *Collect for Peace*
O God, the author of peace and lover of goodwill, the knowledge of whom provides us eternal life, the service to whom makes us free: defend us your humble servants in all assaults of our enemies; that, trusting in your protection, we may not fear the power of any adversaries; through the might of Jesus Christ our Lord.

All **Amen.**

Leader *Collect for Grace*
O Lord our Heavenly Father, Almighty and Everlasting God, who has safely brought us to the beginning of this day: Defend us with your mighty power, and grant that this day we neither fall into any sin nor run into any kind of danger; rather, govern and guide us at all times, so that we may do always what is right in your sight; through Jesus Christ our Lord.

All **Amen.**

Prayers of the People Each Prayer will end with the following response:

Prayer Leader Lord, in your Mercy;
All **Hear our prayer.**

Prayer Leader Almighty God, you have given us grace at this time to bring before you our common supplications, and you have promised that when two or three are gathered together in your name you will grant their requests. So, Lord, fulfil now the desires and prayers of your people in ways and to degrees that are best for us, granting us in this world knowledge of your truth and in the world to come life everlasting.

All **Amen.**

Closing Prayer Leader Holy and ever-living God, by your power we are created and by your love we are redeemed; Guide and strengthen us by your Spirit, that we may give ourselves this coming week to your service, and live in love to one another and to you, through Jesus Christ our Lord.

All **Amen.**

Announcements August 15 Outdoor Worship - Registration:
<https://stmaryandstmartha.churchcenter.com/registrations>

Closing Worship

Raise a Hallelujah

I raise a hallelujah, in the presence of my enemies
I raise a hallelujah, louder than the unbelief
I raise a hallelujah, my weapon is a melody
I raise a hallelujah, heaven comes to fight for me
I'm gonna sing, in the middle of the storm
Louder and louder, you're gonna hear my praises roar
Up from the ashes, hope will arise
Death is defeated, the King is alive!
I raise a hallelujah, with everything inside of me
I raise a hallelujah, I will watch the darkness flee
I raise a hallelujah, in the middle of the mystery
I raise a hallelujah, fear you lost your hold on me!
I'm gonna sing, in the middle of the storm
Louder and louder, you're gonna hear my praises roar
Up from the ashes, hope will arise
Death is defeated, the King is alive!
Sing a little louder (In the presence of my enemies)
Sing a little louder (Louder than the unbelief)
Sing a little louder (My weapon is a melody)
Sing a little louder (Heaven comes to fight for me)
Sing a little louder (In the presence of my enemies)
Sing a little louder (Louder than the unbelief)
Sing a little louder (My weapon is a melody)
Sing a little louder (Heaven comes to fight for me)
Sing a little louder! I'm gonna sing, in the middle of the storm
Louder and louder, you're gonna hear my praises roar
Up from the ashes, hope will arise
Death is defeated, the King is alive!

The Blessing

Leader The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always.

All **Amen.**

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In our prayers this week:

The Anglican Communion

The Church of South India (United)

The Anglican-Lutheran Cycle of Prayer

ACC The Rt. Rev. Robert Hardwick, Bishop, and the clergy and people of the
Diocese of Qu'Appelle

ELCIC The dean, council, and congregations of the Northern Area of the Synod
of Alberta and the Territories

Diocese of Toronto

Archbishop Anne Germond, Metropolitan of Ontario

Social Justice and Advocacy Committee

The clergy and people of St Matthew, First Avenue; St Matthew, Islington; St Matthias Bellwood
and their outreach activities

The Church of St Mary and St Martha

Parish Cycle: Shirley Radley; Henry and Janet Regis; Mark Regis and Ruthia Pak Regis,
Sofia, Alma

Celebrating birthdays: Janet Jack, Marjorie Archer

Clergy

The Rev Mark Regis, Priest in Charge

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Shirley Radley, Deputy Warden / Kuinivia (Queenie) Seiloa, Deputy Warden 416 242 7650

The Board of Management

Robert Davies, Sam Gebrael, Hector Harris, Stu Hutcheson, Carol Lewis,
Sandra Lewis, Don McCamus, Rev Mark Regis, Peter Tovell

Parish Life Committee

Carol Lewis, Sandra Lewis, Shirley Radley, Kuinivia Seiloa, Ann Chambers-Smith, Catherine Gardner,
Hector Harris, Jackie Harris, Rochell Harry-Alexander, Dianne Izzard, Ingrid Jones, Devon King,
Lilian Leander, Deborah Scantlebury, Bev Sneyd, Fitzroy Thomas, Matthew Waterman

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The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee), and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the New Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase.

Today, Toronto is home to many Indigenous people from across Turtle Island. We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous Peoples.