

Service of Morning Prayer

September 5, 2021 at 10:30am

The Fourteenth Sunday after Trinity

Welcome

The Rev. Mark Regis, Priest-in-Charge

The Invitation

Leader We have come together in the name of Christ to offer our praise and thanksgiving, to hear and receive God's holy word, to pray for the needs of the world, and to seek our forgiveness of our sins, that by the power of the Holy Spirit we may give ourselves to the service of God.

Leader This is the Day the Lord has made.

All Let us rejoice and be glad in it.

Call to Worship

Here I Am to Worship

Light of the world, You stepped down into darkness
Opened my eyes, let me see
Beauty that made this heart adore You
Hope of a life spent with You

So here I am to worship
Here I am to bow down
Here I am to say that You're my God
You're altogether lovely
Altogether worthy
Altogether wonderful to me

King of all days
Oh so highly exalted
Glorious in heaven above
Humbly you came to the earth You created
All for love's sake became poor

So here I am to worship
Here I am to bow down
Here I am to say that You're my God
You're altogether lovely
Altogether worthy
Altogether wonderful to me

I'll never know how much it cost to see my sin upon that cross
I'll never know how much it cost to see my sin upon that cross
I'll never know how much it cost to see my sin upon that cross
I'll never know how much it cost to see my sin upon that cross

Here I am to worship
Here I am to bow down
Here I am to say that You're my God
You're altogether lovely
Altogether worthy
Altogether wonderful to me

Confession

Leader Scripture reminds us that, though we are redeemed and forgiven as God's people, we still sin and fall short of God's glory. We need to confess our failures, knowing that the Lord Jesus died for us and intercedes for us before the Father. Let us draw near to God, who freely forgives through his infinite goodness and mercy, and pray to him with sincerity and confidence.

All Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves.

In your mercy forgive what we have been, help us to mend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

Leader May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord.

All Amen

Leader O Lord, open up our hearts;
All And we will praise your holy name.

Leader O God, be quick to save us;
All O Lord, do not wait to help us.

Leader Glory be to the Father, and to the Son, and to the Holy Spirit;
All As it was in the beginning, is now, and ever shall be, world without end. Amen.

Leader Let us Praise the Lord;
All We do with all our heart.

Proclamation of the Word

Psalm A reading from **Psalm 125**

¹ Those who trust in the Lord are like Mount Zion,
which cannot be shaken but endures for ever.

² As the mountains surround Jerusalem,
so the Lord surrounds his people
both now and for evermore.

³ The sceptre of the wicked will not remain
over the land allotted to the righteous,
for then the righteous might use
their hands to do evil.

⁴ Lord, do good to those who are good,
to those who are upright in heart.

⁵ But those who turn to crooked ways
the Lord will banish with the evildoers.

Peace be on Israel.

Reader Glory be the Father, and to the Son, and to the Holy Spirit;
**All As it was in the beginning, is now, and ever shall be, world
without end. Amen**

First Reading A reading from **Genesis 1:1-6**

¹ In the beginning God created the heavens and the earth. ² Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters. And God said, 'Let there be light,' and there was light. ⁴ God saw that the light was good, and he separated the light from the darkness. ⁵ God called the light 'day', and the darkness he called 'night'. And there was evening, and there was morning – the first day.

⁶And God said, 'Let there be a vault between the waters to separate water from water.'

Leader The word of the Lord;
All Thanks be to God.

Musical Worship

How Firm a Foundation

How firm a foundation, ye saints of the Lord
Is laid for your faith in His excellent Word
What more can He say than to you He hath said
To you who for refuge to Jesus have fled

Fear not, I am with thee; oh be not dismayed
For I am thy God and will still give thee aid
I'll strengthen thee, help thee, and cause thee to stand
Upheld by My righteous, omnipotent hand

When through the deep waters I call thee to go
The rivers of sorrow shall not overflow
For I will be with thee, thy troubles to bless
And sanctify to thee thy deepest distress

When through fiery trials thy pathways shall lie
My grace all sufficient shall be thy supply
The flame shall not hurt thee; I only design
Thy dross to consume and thy gold to refine

The soul that on Jesus has leaned for repose
I will not, I will not desert to its foes
That soul, though all hell should endeavor to shake
I'll never, no never, no never forsake

Second Reading A reading from the gospel of **Mark 4:35-41**

³⁵ That day when evening came, Jesus said to his disciples, 'Let us go over to the other side.' ³⁶ Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. ³⁷ A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. ³⁸ Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, 'Teacher, don't you care if we drown?'

³⁹ He got up, rebuked the wind and said to the waves, 'Quiet! Be still!' Then the wind died down and it was completely calm.

⁴⁰ He said to his disciples, 'Why are you so afraid? Do you still have no faith?'

⁴¹ They were terrified and asked each other, 'Who is this? Even the wind and the waves obey him!'

Leader The word of the Lord;

All Thanks be to God.

Sermon

Mark Regis, Priest-in-Charge

You can also view our sermons again online at www.stmaryandstmartha.org

Reflection: Blessed Assurance

Confession of Faith

Leader Do you believe and trust in God the Father?

All I believe in God, the Father almighty, creator of heaven and earth.

Leader Do you believe and trust in his Son Jesus Christ?

All I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

Leader Do you believe and trust in the Holy Spirit?

All I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Welcome Liturgy

Leader My brothers and sisters in Christ, Michael Brain has been chosen to be a parish ministry coordinator of this parish of St Mary and St Martha. This ministry continues the good work done through the years in this community, and is part of the work and witness of the whole church. It is a new beginning because Michael brings particular gifts to our ministry together. As we stand in God's presence let us pray that grace will be given to Michael, and to all of us in this ministry, that we may fulfil the responsibilities which are ours.

Almighty God, by your grace alone we are accepted and called to your service. Strengthen us by your Holy Spirit and make us worthy of our calling; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Leader Do you, in the presence of this congregation, commit yourself to the responsibility entrusted to you?

Michael I do.

Leader Do you, the people of the parish of St Mary and St Martha, commit yourselves to share with Michael in the ministry of this parish?

All **We do.**

Michael Dear brothers and sisters in Christ, may we find joy together in the service of Christ. Let us pray that this ministry we share may accomplish the purpose of God's grace.

All **Amen.**

Offertory

In our offertory we offer our praise and thanksgiving and the gifts of ourselves and our service to the glory of God. If you wish to financially support the ongoing gospel ministry of St. Mary and St. Martha during this time you can find options on our website at www.stmaryandstmartha.org/give.

Musical Worship

Oceans

You call me out upon the waters
The great unknown where feet may fail
And there I find You in the mystery
In oceans deep
My faith will stand

And I will call upon Your name
And keep my eyes above the waves
When oceans rise
My soul will rest in Your embrace
For I am Yours and You are mine

Your grace abounds in deepest waters
Your sovereign hand
Will be my guide
Where feet may fail and fear surrounds me
You've never failed and You won't start now

So I will call upon Your name
And keep my eyes above the waves
When oceans rise
My soul will rest in Your embrace
For I am Yours and You are mine

Spirit lead me where my trust is without borders
Let me walk upon the waters
Wherever You would call me
Take me deeper than my feet could ever wander
And my faith will be made stronger
In the presence of my Savior

I will call upon Your Name
Keep my eyes above the waves
My soul will rest in Your embrace
I am Yours and You are mine

Leader Gracious God, all things come from you and you teach us to be generous with what we have. We pray that our gifts may be wisely used for the ministry of the gospel and the relief of those in need for the glory of our Lord Jesus Christ.

All **Amen.**

The Doxology

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

Prayers

Leader The Lord be with you;
All And with your spirit.
Leader Let us pray.

Leader Lord, have mercy upon us.
All Christ, have mercy upon us.

Leader Lord, have mercy upon us.

The Lord's Prayer

All Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

Leader O Lord, show your mercy upon us;
All And grant us your salvation.

Leader O Lord, save the Queen;
All And mercifully hear us when we call to you.

Leader Provide your Ministers with righteousness;
All And make your chosen people joyful.

Leader O Lord, save your people;
All And bless your inheritance.

Leader Give peace in our time, O Lord;
All And evermore mightily defend us.

Leader O God, make clean our hearts within us;
All And take not your Holy Spirit from us.

The Collects

Leader *Collect of the Day*
Merciful God, your Son came to save us and bore our sins on the cross: may we trust in your mercy and know your love, rejoicing in the righteousness that is ours through Jesus Christ our Lord.

All Amen.

Leader *Collect for Peace*
O God, the author of peace and lover of goodwill, the knowledge of whom provides us eternal life, the service to whom makes us free: defend us your humble servants in all assaults of our enemies; that, trusting in your protection, we may not fear the

power of any adversaries; through the might of Jesus Christ our Lord.

All **Amen.**

Leader Collect for Grace
O Lord our Heavenly Father, Almighty and Everlasting God, who has safely brought us to the beginning of this day: Defend us with your mighty power, and grant that this day we neither fall into any sin nor run into any kind of danger; rather, govern and guide us at all times, so that we may do always what is right in your sight; through Jesus Christ our Lord.

All **Amen.**

Prayers of the People

Each Prayer will end with the following response:

Leader Lord, in your Mercy;

All **Hear our prayer.**

In our prayers this week:

The Anglican Communion
The Episcopal Church of the Sudan

The Anglican-Lutheran Cycle of Prayer

ACC: The theological colleges and training programs within the Ecclesiastical Province of Rupert's Land: Arthur Turner Training School, the Centre for Christian Studies, the College of Emmanuel and St. Chad, Henry Budd College for Ministry, St. John's College, Dr. William Winter School for Ministry, James Settee College for Ministry

ELCIC/ACC: The right to water and a renewed commitment to the stewardship of creation.

Diocese of Toronto
Bishop's Youth Committee

Social Justice and Advocacy Committee

The clergy and people of St. Paul's, Beaverton; St. Paul's, Bloor Street; St. Paul's, Brighton, and their outreach activities

The Church of St Mary and St Martha

Parish Cycle: Deborah Scantlebury; Joy Scott; Queenie Seiloa

Celebrating birthdays: Evelyn Chipperfield, Yvette Leander, Cheryl Swallow

Prayer Leader Almighty God, you have given us grace at this time to bring before you our common supplications, and you have promised that when two or three are gathered together in your name you will grant their requests. So, Lord, fulfil now the desires and prayers of your people in ways and to degrees that are best for us, granting us in this world knowledge of your truth and in the world to come life everlasting.

All **Amen.**

Closing Prayer	Leader	
	All	Holy and ever-living God, by your power we are created and by your love we are redeemed; Guide and strengthen us by your Spirit, that we may give ourselves this coming week to your service, and live in love to one another and to you, through Jesus Christ our Lord.
	All	Amen.
Special Blessing		
Announcements		
Closing Worship		<u>Be Thou My Vision</u>
		Be thou my vision, O Lord of my heart Naught be all else to me, save that thou art Thou my best thought, by day or by night Waking or sleeping, thy presence my light
		Be thou my wisdom, and thou my true word I ever with thee and thou with me, Lord Thou my great Father, and I thy true son Thou in me dwelling and I with thee one
		Riches I heed not, nor vain, empty praise Thou mine inheritance, now and always Thou and thou only first in my heart High King of heaven, my treasure thou art
		High King of heaven, my victory won May I reach heaven's joys, O bright heaven's sun Heart of my own heart, whatever befall Still be my vision, O ruler of all
		Heart of my own heart, whatever befall Still be my vision, O ruler of all
The Blessing	Leader	The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always.
	All	Amen

All of our music and hymns are reprinted under OneLicense.net A-725588.

Ministry Team

The Rev Mark Regis, Priest in Charge
mark@stmaryandstmartha.org / 647 272 4574

Sonya Lawley, Lay Pastoral Associate
sonya@stmaryandstmartha.org

Ben Tshin, Postulant Intern
ben@stmaryandstmartha.org

Michael Brain, Parish Ministry Coordinator
michael@stmaryandstmartha.org

Matthew Waterman, Children/Youth Pastor & Digital Media
matthew@stmaryandstmartha.org

Wardens

Sandra Lewis, People's Warden 416 241 4528 / Carol Lewis, Rector's Warden
Shirley Radley, Deputy Warden / Kuinivia (Queenie) Seiloa, Deputy Warden 416 242 7650

The Board of Management

Robert Davies, Sam Gebrael, Hector Harris, Stu Hutcheson, Carol Lewis,
Sandra Lewis, Don McCamus, Rev Mark Regis, Peter Tovell

Parish Life Committee

Carol Lewis, Sandra Lewis, Shirley Radley, Kuinivia Seiloa, Ann Chambers-Smith, Catherine Gardner,
Hector Harris, Jackie Harris, Rochell Harry-Alexander, Dianne Izzard, Ingrid Jones, Devon King,
Lilian Leander, Deborah Scantlebury, Bev Sneyd, Fitzroy Thomas, Matthew Waterman

1149 Weston Road, Toronto, ON M6N 3S3 / 416 766 1887 / www.stmaryandstmartha.org
office@stmaryandstmartha.org

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee), and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the New Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase.

Today, Toronto is home to many Indigenous people from across Turtle Island. We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous Peoples.